

Holy Spirit Catholic Church

300 West Pine Street, Palmyra, PA 17078

Congratulations

Congratulations Class of 2025!

Dominic NICHOLAS OF MYRA Altebrando
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Kiersten MARIE-MAGDALEN POSTEL Burns
Max SEBASTIAN Chesney
Finn SEBASTIAN Cummings
Valentina THERESE OF LISIEUX Frattaroli
Audrey CECILIA Hamsher
Macie SEBASTIAN Huzvar
Marina HELENA Kemmlein-Colon
Owen PHILIP Kupstas
Ava ELIZABETH ANN SETON Lantz
Theresa CATHERINE OF BOLOGNA Lombardo
Alex GABRIEL Lubbers
Abigail COSMAS Olson
Nathaniel BLAISE Reisch
Zoe ANNE Reiss
Ethan SEBASTIAN Sargen
Gavin GABINUS Schaefer
Blaine ANDREW Shedlock
Miles ELIGIUS Taylor
Natalie KATARZYNA OF BOLOGNA Torres-Pagan
Amelia FRANCIS OF ASSISI Valle
Isabel MOTHER TERESA Weber
Levi JOSEPH Wilson
Kayleigh THERESA OF CALCUTTA Zipp

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March 30, 2025
Fourth Sunday of Lent

PASTOR'S MESSAGE

Preparing for a good confession during Lent involves prayer, self-examination, and a sincere desire for repentance.

Here are some steps to help you prepare:

1. Pray for Guidance: Begin by asking the Holy Spirit for the grace to recognize your sins and make a sincere confession.

2. Examine Your Conscience: Reflect on your thoughts, words, actions, and omissions. You can use an examination of conscience based on the Ten Commandments, the Beatitudes, or the Precepts of the Church.

3. Identify Your Sins: Take note of your sins, especially mortal sins, which require confession. Consider patterns of sin and areas where you need growth in virtue.

4. Express True Contrition: Have genuine sorrow for your sins, not just fear of punishment but a desire to restore your relationship with God. This includes making a firm resolution to avoid sin and occasions of sin.

5. Go to Confession: Begin with the Sign of the Cross and say, "Bless me, Father, for I have sinned. It has been [time] since my last confession."

- Confess your sins honestly and clearly, especially any mortal sins.

- Listen to the priest's advice and penance.

6. Make an Act of Contrition: Pray an Act of Contrition sincerely, expressing sorrow for your sins and resolving to amend your life.

7. Complete Your Penance: After confession, fulfill the penance given by the priest as an act of reparation.

8. Renew Your Commitment to Holiness: Lent is a time of renewal, so use the grace from confession to grow in prayer, fasting, and charity.

TITHING: GOD'S PLAN FOR GIVING

Sunday Offering 3/23/2025 \$ 11,030

DAC 2025 Goal: \$118,701

Amount Collected \$30,205

Amount Still Needed \$88,496

CALENDAR & INTENTIONS

The **Sanctuary Candle** will burn in loving memory of Larry Evans (From Carol Evans)

The **Chapel Candle** will burn in loving memory of Bob Shelton (From Rob & Kris)

MONDAY, MARCH 31

Is 65:17-21; Jn 4:43-54

9:00am Mass

† Joe Spear

TUESDAY, APRIL 1

Ez 47:1-9, 12; Jn 5:1-16

3:15pm Cenacle

7:00pm Folk Group; Migrant Justice Meeting

WEDNESDAY, APRIL 2

Is 49:8-15; Jn 5:17-30

9:30am Awaken Lenten Study

5:00pm Legion of Mary

5:30pm Rosary

6:00pm Mass

6:40pm Confessions

6:45pm Women at the Well

7:00pm Men's Ministry

† Phil Barry

THURSDAY, APRIL 3

Ex 32:7-14; Jn 5:31-47

9:00am Mass

6:00pm Respect Life

7:00pm Sunday Choir

† Bernard Rell

FRIDAY, APRIL 4

Wis 2:1, 12-22; Jn 7:1-2, 10, 25-30

7:00am Mass

3:00pm-7:00pm Fish Fry

7:15pm Stations of the Cross

† Joseph Butch

SATURDAY, APRIL 5

Jer 11:18-20; Jn 7:40-53

7th Grade Retreat

4:00pm Mass

5:00pm Confessions

For the People of the Parish

SUNDAY, APRIL 6

Is 43:16-21; Phil 3:8-14; Jn 8:1-11

8:30am Mass

9:30am 1st—6th Grade PREP (Last Day of Class, except for CGS, 2nd, 7th, & 8th Grades)

11:00am Mass

† Jonathan Keller

† Jerry Paolino

ANNOUNCEMENTS

**1ST & 6TH GRADE CHILDREN'S MASS
IS TODAY, MARCH 30, AT 11AM**

Final PREP Classes

Our final PREP class for grades 1st—6th is next Sunday, April 6. Blessings and thanks be to God for our wonderful Catechists, staff, and volunteers for their devotion and dedication to the passing on of our Catholic Faith to the next generation. CGS, 2nd, 7th, and 8th grade will have their final class on April 27.

Holy Thursday Mass Washing of Feet

In the Bible, this is a moment when Jesus took water and washed his disciples feet, modeling for us how we should treat and serve others with love and patience. If you are interested in participating in this raw moment and would like to have your feet washed by Father Dijo during the Mass please contact the office at church@hspalmyra.com or call at 717-838-3369.

Lourdeshouse Maternity Home Baby Shower

Babies are on the way, and we want to give them and their moms-to-be a happy and healthy start. WMN has been working with Catholic Charities' Lourdeshouse Maternity Services to organize and have a baby shower. Items needed for the collection include: diapers, wipes, onesies and other clothing, bottles, books, etc. We will have the tags with the needed items written on them available. Simply pick up a tag, purchase the item, and return the wrapped gift with the tag attached by Sunday, April 6. Please contact Ann Donnelly at WMN@hspalmyra.com if you have any questions.

Seder Meal

Please join us as we celebrate a Passover Ceremony, recalling the ancient liturgical practice of the Israelites that commemorates their escape from Egypt. This meal will be on Palm Sunday, April 13, at 6pm in Agape Hall. Sign up in the narthex, and please bring your own silverware to the event.

Catholic Relief Support Second Collection

Next week our parish will take up the Catholic Relief Services Collection. Funds from this collection provide food to the hungry, supports displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Please give generously to this collection and reveal Christ's love to those most in need.

THANK YOU FOR SUPPORTING OUR PARISH MISSION!

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Ministry Liaison/ PREP Secretary Position

We are looking for devoted volunteers who are willing to give some time to this position. This position works closely with the leads of the parish ministries, as well as with the PREP coordinators. Other duties include office secretarial work, parish registration, communication with the ministries, and sacramental records. If interested in volunteering, please email pastor@hspalmyra.com.

PREP Registration 2025—26

Registration for the 2025—26 PREP year has begun! Deadline for registering is May 31, 2025.

Easter Egg Hunt

The Knights of Columbus will sponsor their annual Easter Egg Hunt on Saturday, April 12, at 11am, rain or shine. All children 12 years old and under are welcome to participate. There will be a coloring contest, punch and cookies, plus a visit from the Easter Bunny.

Parish Council Nominations 2025

Parish Council nominations will be held from now until Sunday, April 6.

Fish Fry 2025

Dine-in, to go, and online curbside to go is available. Fridays: April 4 & 11, from 3pm—7pm. Featuring N. Atlantic Haddock (Baked or Fried), crab cakes, shrimp, clam strips, pierogi, soup, & mac-n-cheese. For volunteering or more information, please visit our parish website.

Office Window New Hours

New parish office hours will start on April 1. Mondays: 9:30am—12noon & 1pm—4:00pm, Tuesdays (**office window will now be open**) 8:30am—12noon & 1pm—3:30pm, Wednesdays: 12noon—6pm, Thursdays: 8:30am—12noon & 1pm—3:30pm, and Fridays: Not open.

LIVING OUR FAITH SOCIAL JUSTICE MINISTRY

Midway through Lent, it is good to remember what type of fasting scripture teaches us that is pleasing to God. "Is this not, rather, the fast that I choose: releasing those bound unjustly...Setting free the oppressed, breaking off every yoke; Is it not sharing your bread with the hungry, bringing the afflicted and the homeless into your house; Clothing the naked when you see them, and not turning your back on your own," (<https://bible.usccb.org/bible/isaiah/58:6-7>). There are many forms of fasting and abstaining that God might be calling us to this Lent; refraining from gossip or revenge, news reports that are one sided and divide us, or being judgmental and self-righteous. **PRAYER:** Lord, help me know what you are calling me to fast and abstain from this Lent, and to become more obedient in living your will.

Parishioner

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