



RETUNE in JUNE Tracking Log

NAME: _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S	Goals: 15 min of Exercise a day 15 min of prayer a day	Record in each calendar cell the amount of minutes you exercise daily	Add a check mark to record your daily prayer commitment	Give your calendar to Tina by June 21 st Prize winners will be announced June 22 nd	READY..... SET..... GO!!!	Exercise _____ Prayer: _____ Kick-off class bonus (+2) _____	Exercise _____ Prayer: _____
H	Exercise : _____ Prayer: _____ Corpus Christi	Exercise : _____ Prayer: _____ 6pm FAITH TALK bonus (+4) DOUBLE BONUS POINTS!!	Exercise : _____ Prayer: _____	Exercise: _____ Prayer: _____ 9:15 class and smoothie bonus (+2) _____	Exercise : _____ Prayer: _____ 6pm DRUM class and smoothie bonus (+2) _____	Exercise : _____ Prayer: _____	Exercise : _____ Prayer: _____
I	Exercise: _____ Prayer: _____ 2pm DRUM Bonus (+2) _____	Exercise: _____ Prayer: _____ 6pm FAITH TALK bonus (+4) DOUBLE BONUS POINTS!!	Exercise: _____ Prayer: _____	Exercise: _____ Prayer: _____	Exercise: _____ Prayer: _____	Exercise: _____ Prayer: _____	Exercise: _____ Prayer: _____
N	Exercise: _____ Prayer: _____ 6pm Fresh Air Faith Walk bonus (+2) _____	Exercise: _____ Prayer: _____	Exercise: _____ Prayer: _____	Exercise: _____ Prayer: _____	10am class bonus (+2) Exercise: _____ Prayer: _____ Congratulations! You did it!	Prize winners announced via e-mail and will be posted in the Narthex	Exercise: _____ Prayer: _____
E	24	25 < Tina	26 is	27 away	28 this	29 week >	30